

Motivational Interviewing: Empathie statt erhobener Zeigefinger

PD Dr. Christoph A. Ramseier, MAS

Literatur

- [1] Schuz, B., et al., Adherence to a daily flossing regimen in university students: effects of planning when, where, how and what to do in the face of barriers. *J Clin Periodontol*, 2006. 33(9): p. 612-9.
- [2] Johansson, L.A., B. Oster, and S.E. Hamp, Evaluation of cause-related periodontal therapy and compliance with maintenance care recommendations. *J Clin Periodontol*, 1984. 11(10): p. 689-99.
- [3] Axelsson, P. and J. Lindhe, The significance of maintenance care in the treatment of periodontal disease. *Journal of Clinical Periodontology*, 1981. 8(4): p. 281-94.
- [4] Demetriou, N., A. Tsami-Pandi, and A. Parashis, Compliance with supportive periodontal treatment in private periodontal practice. A 14-year retrospective study. *J Periodontol*, 1995. 66(2): p. 145-9.
- [5] Wilson, T.G., Jr., et al., Compliance with maintenance therapy in a private periodontal practice. *J Periodontol*, 1984. 55(8): p. 468-73.
- [6] WHO. Chronic Diseases and Health Promotion. 2010; Available from: <http://www.who.int/chp/en/>.
- [7] Carra, M.C., et al., Promoting behavioural changes to improve oral hygiene in patients with periodontal diseases: a systematic review. *J Clin Periodontol*, 2020.
- [8] Ramseier, C.A., et al., Impact of risk factor control interventions for smoking cessation and promotion of healthy lifestyles in patients with periodontitis: a systematic review. *J Clin Periodontol*, 2020.
- [9] Miller, W.R. and S. Rollnick, Motivational interviewing: Preparing people for change (2nd ed.). 2002, New York: Guilford Press.
- [10] Rollnick, S., C.C. Butler, and N. Stott, Helping smokers make decisions: the enhancement of brief intervention for general medical practice. *Patient Educ Couns*, 1997. 31(3): p. 191-203.